



Bauer Drive Community Recreation Center

55+ Active Adult Programs

October 2018 Program Highlights



Pickleball is one of the hottest net games for 55+ active adults and we have it here at Bauer Drive! Yes, you have two opportunities during the fall season to join us on Mondays and Fridays!

More Fun 55+ Active Adult Activities!

- ◆ Tai Chi
- ◆ Soul Line Dancing
- ◆ Ma Jong (board game)
- ◆ Senior Fit
- ◆ Zumba Gold
- ◆ Bone Builders
- ◆ Daily access to Exercise Room with membership
- ◆ **Upcoming Talks:** Falls Prevention Awareness



Senior Program

Coordinator:

Barbara Hulin

Center Director:

Alex Taylor

Assistant Director:

Jasmine Walker

Address:

14625 Bauer Drive
Rockville, MD

Phone:

240-777-6922
Hablamos Español

Center Hours:

Monday-Thursday

9 AM– 10 PM

Friday

9 AM-6 PM

Saturday 9 AM-1 PM

Sunday—Closed

Montgomery County, Maryland is committed to complying with Americans with Disability Act, (AADA). If you need auxiliary aids or services in order to participate (such as mainstream, companion, large print, ASL or cued speech interpreter, please call 240-777-6960 at least two weeks prior to participation. (TTY 240-777-6974)